

Who: Local Retired Maternal Childcare Nurse & Certified Lactation Consultant IBCLC, Maryanne/Annie Vaillancourt

What: Virtual (FaceTime or Zoom?) support for breastfeeding families during the COVID-19 crisis and social distancing. Topics can include any breastfeeding concerns or questions or any virtual live support for mother, baby and family.

When: By appointment through email or phone at [anniekeon@hotmail.com](mailto:anniekeon@hotmail.com) or 819-689-2627 (home) 613-602-3065 (cell).

Where: Virtual appointments only through FaceTime, Zoom? Or by phone.



One on One  
Help for  
Breastfeeding  
mothers from a  
lactation  
consultant and  
retired maternal  
child nurse

Contact Maryanne at  
[anniekeon@hotmail.com](mailto:anniekeon@hotmail.com)  
to set up an  
appointment