Hopital Régional de Penderke Out-patient Cardiopulmonary Services Requisition Ambulatory Clinics Ambulatory Clinics Tower D, First Floor 715 Mackay Street, Pembroke ON K8A 1G8 Booking office: 613-732-2811 EXT 6612 Booking Office Fax: 613-732-6350	
Patient Name:	Physician Name:(Print)
Date of Birth	(Print) Physician signature:
Telephone: (Appointment Date: Appointment Time:	<u>Please Note your signature enables:</u> * for pre and post bronchodilator tests we will administer 4 puffs of salbutamol to patients 12 years of age and older and 2 puffs of salbutamol to patients between age 6 and 12 years
Brief history/diagnosis / CURRENT RESPIRATORY MEDICATIONS	
Does the patient smoke Yes No PLEASE CHECK OFF THE REQUIRED APPOINTMENTS	
Pulmonary function tests	

- □ Complete PFT (patient must be greater than 16 years old)
- **Includes**:
 Spirometry (Flow Volume Loop)
 - □ Repeat Spirometry after bronchodilator
 - □ Diffusion Capacity
 - □ Lung Volumes
 - □ O2 Saturation
- □ Spirometry pre and post flow volume loop, O2 saturation (greater than 6 and less than 16 years of age)
- \Box Oximetry at rest and on exertion
- □ Home Oxygen Assessment with oximetry strip and ABG if required
- □ Arterial Blood
- □ Maximal Inspiratory and Expiratory Pressures

Please give patient PFT instructions on reverse \rightarrow

Patient Information Sheet

Your doctor has ordered a **<u>Pulmonary Function Test</u>**. The pulmonary function test consists of individual breathing maneuvers that measure how well your lungs are working. The results are very dependant upon patient efforts. You will be coached in order to obtain the best results. During the test you will be given a bronchodilator and a portion of the test will be repeated. This assesses your lungs' response to medication. Your test results will be interpreted by our supervising physician and forwarded to your family doctor.

PREPARATION for the Pulmonary Function Test:

- Hold "rescue" short acting puffers/inhalers for (4) hours prior to test unless <u>ABSOLUTELY</u> necessary (Ventolin, Bricanyl, Atrovent, Airomir, Combivent)
- Hold all other puffers/inhalers the day of the test unless advised differently by physician
- Do not smoke (4) hours prior to test
- Continue to take all other prescription medications as ordered
- Wear loose comfortable clothing that does not restrict your breathing
- No vigorous exercise prior to testing
- Please bring a list of your current medications including over the counter medications
- If you develop cold/flu like symptoms within (48) hours prior to test please call to reschedule

Register in Tower D (Delta) First Floor at 715 Mackay Street **15 minutes** prior to your appointment.

Please call if you are unable to make this appointment and reschedule 613-732-2811 ext 6612