

## Today's Take-Aways

*Please note that, due to planned vacation time, the March 6th edition of The Pulse has been cancelled. Regular bi-weekly publication of The Pulse will resume with the March 20th edition.*

### Lunch with the CEO

• Yesterday, Sabine was joined by six staff for lunch and conversation. Discussion points and information shared included the following:

- Our Environmental Services team would like to increase the frequency of floor waxing throughout the building and expressed some concerns about the weight of the mattresses in the ICU. They would also appreciate some consideration around the appointment of a staff room for their team.

- ED staff expressed safety concerns about open access to the department through the grey doors adjacent to triage.

- There was some discussion around the capacity of the Ortho Clinic waiting room given the renovations to that area of Tower C. It was noted that once the renovations are complete, the existing space will be trialed for a short period of time and if there are changes that need to be made, these will be addressed at that time.

- A suggestion was made regarding the standard “beep” that precedes overhead paging. It was noted that perhaps a different sound could be used to indicate that a code is about to be announced versus a standard message.

- Those who have already attended some of HR’s new workshops have found them to be really helpful.

- There was some discussion around the need for succession planning for mentors throughout the organization given the demographic of many of our senior frontline staff.

- It was suggested that an orientation checklist for unit clerks be developed to assist with training on clinical units. This is being looked at by our Education team.

- Some concerns were expressed around the increased use of cell phones for personal use during work hours and we will be looking to support improvements.

- Some comments were made about the lack of clear visibility on Bell Street when leaving the staff parking lot due to the number of contractors parking their cars along the street. This will be followed up.

If you would like to be part of an upcoming lunch session in order to share your ideas and feedback, please put your name forward by email to [carolyn.levesque@prh.ca](mailto:carolyn.levesque@prh.ca).

### Project Horizon

• A very successful Project Horizon Meet and Greet was held in the cafeteria February 12th. This was an opportunity for working groups to showcase their modules and meet the other working group teams who they will be collaborating with on our journey to Epic!

# Today's Take-Aways Continued

The prize for the "Most Creative Introduction" went to the Optime Working Group from the OR who will receive a catered lunch!



## Departmental Updates

### Diagnostic Imaging

- The team is celebrating a successful start of the Lung Screening Program, Ontario's organized screening program for people at high risk of getting lung cancer. As part of this program, we offer two CT appointments per day, Monday through Friday for a total of 10 per week.



## Today's Take-Aways Continued

While not everyone who meets the referral inclusion criteria will be eligible for lung cancer screening in the program, those who are eligible must be:

- 55 to 74 years old, and
- have smoked cigarettes every day for at least 20 years (not necessarily 20 years in a row, which means there could be times when they did not smoke)

### Emergency Department

- This March, as part of the ED Nursing Education, Retention and Workforce Program funded by Ontario Health, PRH will be hosting the TNCC (Trauma Nursing Core Course) for 12 staff who are registered to take the course during one of two two-day sessions - March 20/21 and March 22/23.

- As the hospital recognizes the 20th anniversary of the Code Stroke launch for PRH, we are getting ready to move the Stroke room currently located in the ICU to our ED. This move will:

- Allow for the reallocation of space for the growing ICU program
- Improve workflow/communication for the ED team
- Align with the location of the Stroke room in other stroke centres

Further communication on this will be shared once the move date has been established.

### Food Services

- Thank you everyone who purchased tickets to raise money for Kristal! With your help, we raised \$1,129! Congratulations to Lindsay Burbage who was the prize winner. Thank you again for all your support!



### Infection Prevention and Control

- It was a busy January for respiratory illnesses, especially among our inpatient population where we had 37 confirmed cases of Influenza, the first case of Influenza B, 11 cases of RSV and 12 Covid positive patients. We are anticipating a continued increase of Influenza rates throughout the remainder of February, but should be seeing a decline in RSV and Covid.

- Celebrating the Surgical team for 100% hand hygiene compliance in the month of January.

### Information Technology

- Our team will be starting to work with the clinical units in order to move files over to Sharepoint with a goal of having everything transferred within the organization by the end of March.

### Lab

- In support of their co-worker, Insung Choi, whose son recently passed away, the Lab team is collecting funds to support the family in whatever way they may need following this great loss.

## Today's Take-Aways Continued

Those who wish to contribute to this collection can provide funds directly to Allan Lupish, Merina Angelkovski or Melissa Drew in the Lab, or funds can be e-transferred to Allan at allupish@gmail.com. Thanks to all for your support and thoughts at this difficult time.

### Medical Affairs

- Please give a warm welcome to the newest members of our professional staff:
  - Dr. Graham Chamberlain joined the NRP/Well Baby program effective today.
- This year, the Medical Affairs Team is placing a focus on recruitment strategies and innovation. We will be working together to review and redesign our physician recruitment advertisements for job ads, recruitment fairs and conferences.

Katie will be attending the Canadian Society of Physician Recruitment (CaSPR) Conference in April to learn about the following topics; physician engagement and retention strategies, trends in physician recruitment/compensation and benefit trends, role of physician advocates in recruitment, PRA/PRO programs across Canada, navigating work permit and credentialing complexities, new licensing pathways, the role of AI in recruitment and much, much more!

Katie and Alycia are also looking forward to recruiting for PRH while attending the second annual International Medical Graduate (IMG) Conference and Expo in June which places a focus on medical students, including Canadian's studying abroad, international medical graduates and internationally trained physicians and specialists seeking to make Canada their home and continue their dreams of practicing medicine.

### Medical / Rehabilitation

- As part of a PRH first, both our Medical and Rehab units recently welcomed a total of 11 PSW students from Algonquin College for a short-term shadowing opportunity. This also represented the first time that Algonquin College was able to place PSW students in an acute care setting.

The students were divided equally between Medical and Rehab with six working days and five working evenings. The students were on site two days a week for three weeks - January 21-22, 28-29 and February 4-5.

Buddied with a nurse or Health Care Aide, the students were able to see acutely ill patients and learn the signs and symptoms of common co-morbidities that are seen in patients. They were able to provide hands-on care within their scope of practice.

### Mental Health Services

- Geriatric Mental Health recently received some additional funding which was earmarked for Behavioral Support for Acute Care and Community Staff who support the geriatric population. As a result, the team will be offering four education sessions over the next two months including Teepa Snow Positive Approach to Care and Gentle Persuasive Approach.

We are also providing funding for a Medical RPN to participate in Pieces training.

- Group Update:

- In collaboration with our Crisis Social Workers and Case Management Caseworkers, we are once again running our DBT - Light Skills group. Dialectical Behavioural Therapy (DBT) improves people's ability to manage emotions, especially for those with emotional dysregulation and personality disorders. The purpose of the group is to help people introduce effective and practical skills into their lives, which they can use when they are distressed.

As DBT is so valuable, we are looking to build capacity among our case workers to continue this program on a regular basis.

## Today's Take-Aways Continued

- Better Days is a mental health recovery workshop that helps individuals who are aspiring towards recovery and also in recovery. Topics will include: self awareness, coping skills, feeling good, staying strong, dealing with ups and downs, feeling gratitude and planning life goals.

### Occupational Health and Safety

• Recently, an incident took place where sharps were left on the floor. This occurred because the sharps container was too full. Please see the following guidance regarding sharps containers:

- Never go past the "full" line. If it reaches that point, notify Housekeeping Garbology (Clinical Resource after hours) to have it changed out

- If the container is full, take the sharp to another container for proper disposal

- Never place a garbage can under a sharps container

- Do not put general garbage in the sharps container

- Containers should be located at point of use and should be at an appropriate height so that the user can see the top of the container

• In Canada, the last Wednesday in February is National Pink Shirt/Anti-bullying Day. Though mainly a movement for youth, everyone is encouraged to participate.

This day originated in 2007 in Berwick, Nova Scotia when a new grade 9 student was bullied for wearing a pink shirt. Seeing this, two grade 12 students encouraged others to wear pink and they also bought 50 pink shirts to distribute. When they arrived the next day to hand out the shirts, they were surprised to find that the majority of students had arrived wearing pink.

With that act of kindness, Pink Shirt Day was born.

If you feel you are a victim of workplace harassment, please refer to the Prevention of Harassment and Discrimination Policy and fill out a Workplace Harassment & Discrimination Complaint Form, both found in Policy Medical.

### Operating Room

• Our Perioperative Program is excited to share some great news about a new partnership with CHEO that will help reduce wait times for pediatric surgeries while providing care closer to home.

Starting March 27th, a CHEO surgeon will perform surgeries at PRH with support from our Nursing and Anesthesia teams. To be rolled out in a phased approach starting with two days per month, most surgeries will be ENT cases but there will be an opportunity for an expansion to include ophthalmology or general surgery etc.

A few of our champions within the program will be going to CHEO tomorrow to learn more about their workflow processes and the CHEO education team will be coming to PRH to support our team on March 17th, prior to the go live.

• The new ophthalmology suite (A323) officially went live on February 10th and 11th.

The team has been working very hard at ensuring the necessary equipment, storage and workflow processes will transfer to the new space.

Celebrations need to be extended to all who helped make the go-live a great success!





# LEAN IN

The Allied Health team recently participated in a Mini Rapid Improvement event to brainstorm and identify possible improvements to the Community Physiotherapy Clinic - a Ministry of Health funded program that provides short-term intervention to eligible patients to recover from recent illness, injuries and surgeries, or flare-ups of chronic conditions.

Despite meeting the mandate set out by the Ministry of Health, the clinic is facing significant challenges in fostering a positive work experience for staff assigned to the clinic that supports staff well-being, efficacy and job satisfaction while still meeting the needs of our patients and community.

The team identified five improvement opportunities: reducing the number of no-shows, optimizing the use of space in the outpatient gym and waiting area, exploring new staffing processes for the clinic, streamlining administrative duties, and clarifying the education budget for training.



## S&A

### Frequently Asked Questions

# FAQ



**Q. How do I update my Emergency Response Time?**

A. Emergency Response Time is managed in S&A. A step-by-step guide is available on the HR website.

**Q. Where are CUPE schedules posted?**

A. Effective February 23, 2025, CUPE schedules are posted electronically on the HR website for each department. Paper copies are no longer being provided.

**Q. Where are ONA schedules posted?**

A. Paper copies of ONA schedules are posted in each department.

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**Our hospital sells surplus items on  
GovDeals.ca.  
Check it out to find great deals.**

# Recognizing Staff And Physicians Who Achieved Long Service Milestones Ranging From 5 To 15 Years Of Service In 2024

*As part of our annual recognition program, staff and physicians, including staff from the Lab, who achieved long service milestones of five to 15 years of service in 2024 receive a certificate and a service pin which is presented to them within their department by their manager, director or appropriate designate.*

*Those who achieved long service milestones for 20 years of service and above will be celebrated at a Long Service and Retirement Luncheon at Pembroke's Clarion hotel on April 24th. The list of those being recognized at that time will be posted in The Pulse along with photos from the event.*

## **5 Years of Service**

Garry Engler, Jesse Gosnell, Ashley Farrell, Alyssa Drew, Annamarie Ashick, Autumn-Lee Patovirta, Bryan McWhirter, Amanda Schiemann, Amelia Wierzbicki, Kim Jahn, Jessica Talbot, Samantha Wojtowicz, Zacharie Villeneuve, Morgan Desgroseilliers, Hailee Liedtke, Jessica Manny, Jordan Lee, Kelsea Huckabone, Morgaine Headley, Patricia Defoe, Briar Deloughery, Stephanie Ladouceur, Dana Buchanan, Alyx Latendresse, Roger Martin, Christel Bailey, Courtney Gosnell, Jeremy Paplinski, Katie Bull, Anne Wilson, Megan Wilkinson, Jennifer Law, Nyomi Immel, Lindsay McGuire, Cassidy Leach, Brandon Nagora, Karen Elliott, Insung Choi, Su Min Sim, Dr. Qasim Alikhan, Dr. James Brown, Dr. Gordon Thomas, Dr. Stephanie Kenny, Dr. Emily Bournival, Dr. Christopher Carriere, Dr. Chinmay Roy, Dr. Kathryn Kipp, Dr. Valentine Okechukwu, and Dr. Peter Glen

## **10 Years of Service**

Melissa Schmidt, Judy Sack, Katherine Clark, Melanie Gosselin, Teirsa Head, Kayla Chaput, Brenda Forbes, Tina Pettigrew, Kim Meadows, Tanya Zadow, Angela Montgomery, Laurie Menard, Dr. Raluca Antonescu, Dr. Anthony Garretto, Dr. Linde Corrigan, Dr. Richard Johnson, Dr. Graeme Rodgman, Dr. Sarah Leavey and Dr. Amanda Williamson

## **15 Years of Service**

Crystal Kelly, Matthew Ott, Lisa Bradley, Andrea Boudens, Caitlyn Risto, Erin Allard, Cathy Drew, Sylvia Luckovitch, Karen Fowler, Abraham Bruhns, Kerrie-Lynne Wilson, Dr. Fred Matzinger and Dr. Derek Frew



## **PRH Staff Association 2025 Survey Summary**

*Thanks to the 133 individuals who provided feedback in this year's annual Staff Association Survey. Results have now been summarized and will assist in planning events/activities for the remainder of the year. In addition, those who expressed interest in joining our committee will be invited to our March meeting.*

**Treat Days:** 94% of respondents participated in Treat Days

- **Top three:** Beavertails, Hugli's Blueberries and Farmstead Cheese House Gelato

**Barriers or perceived barriers to Treat Day participation:**

- Missed the sign-up window
- Working offsite, evening, or night shifts
- Never working on distribution day

**Suggested treat ideas (those that were suggested more than once):**

Ice cream, cheese/crackers, local candles, honey, soap, local coffee packages, Zaytouna, strawberries, potted plant, corn, fry truck, 7<sup>th</sup> Heaven macaroon, scones, Beavertails, cupcake, Ullrich's dips (Garlic, Cheese), Loaf bakery product, pizza, cheesecake

**Cash Draws:** 95% said they would like to see cash draws continue.

**Christmas Dinner and Dance:** Only 28% of respondents attended in 2024.

**Suggestions that could affect one's decision to attend:**

- Free tickets/Cheaper tickets
- Change from a Saturday night to a Friday
- Add an open bar
- Hire a band
- Remove reserved seating
- Reduce the formality

**Suggested Ways to Improve The 2025 Christmas Dinner and Dance:**

- Add a photo booth/photographer
- Reduce cost of décor and prizes to further reduce ticket cost
- Reduce music volume
- Increase the value of prizes
- Improve method for calling tables to the buffet
- Add a live band
- Consider veggie tray/sandwiches/fruit for late lunch
- Have a self serve area for non-alcoholic drinks
- Offer two entrée choices

**In lieu of a Family Christmas Event, would you rather have draws for family activity gift cards or additional cash draws?** 64% would welcome an increase in the cash draws amount.



### **Other Suggested Activities (most were only suggested once):**

Cooking classes, olive oil tasting night, wine trip, paint night, skating, yoga, trivia night, movie night  
mini golf

### **A Few Notes In Response To Survey Comments/Questions/Suggestions:**

- While we previously hosted wine tours, casino trips etc., the coach rental costs increased and the number of participants decreased to where only a small number of members took part, so we opted instead to focus on events and activities that benefit a greater percentage of our membership. While we are willing to try other events, we need to ensure there is a good level of participation in order to make it worth the effort and resources.
- We do acknowledge that it can be challenging to ensure that Staff Association members who work in other parts of the region or who work evenings/nights/weekends receive Treat Day items in a timely way and have access to other events. We would appreciate any suggestions on how to improve what is being done in this regard.
- All Staff Association events are solely funded by the dues that are paid bi-weekly by Staff Association members which amount to just over \$35,500 annually. This past year, our expenditures for Treat Days alone totalled \$20,249. In terms of the Christmas party, the total cost for nearly 300 people to attend was \$13,582.92. Had we not charged for the party, this would have left us with very little cash to do anything else with throughout the year.
- Due to the popularity of Germania Hall and the number of events that take place around Christmas, we are limited in when we can book in which is why we have secured Saturday, December 6<sup>th</sup> for our party this year. Save the date now!!!
- In terms of Treat Days, it is true that many of our selections are “unhealthy”, however aside from Hugli’s blueberries, most of the sweetest treats are the most popular. So while we do try to include several “healthier” or non edible options in a given year, we opt to go with selections that we know we be popular.
- We have had a number of people ask why we can’t just buy enough of each Treat of the Month for all Staff Association members and avoid the pre-order process etc. We use the current process in order to ensure the Staff Association funds are not wasted and that we only purchase the amount of product based on demand.

Buying under the assumption that our more than 500 members will claim and want each treat each month would lead to a substantial increase in cost and likely a fair bit of waste for those who don’t pick theirs up, or want it. Currently, between 300 and 400 members on average claim their treat in a given month.

- Finally, thank you to the six staff members who offered to join and/or contribute to the work of our committee! We will be in touch regarding March’s meeting.

# In Case You Missed It - Highlights From Sabine's Messages

*Following the news that the Renfrew County Mesa HART Hub will be one of 27 opening in Ontario, operational by April 1st, all involved members of our team have hit the ground running in terms of planning for all that will need to be done.*

*Construction at Carefor Mackay is moving along well for what will eventually house part of the HART Hub accommodations and we are meeting with partners to brainstorm, engage in needs assessments and plan for short term actions.*

*In addition, the County of Renfrew issued the job posting for the HART Hub lead (<https://bit.ly/MesaHARTHubLead>) which will close on February 21st.*

*The launch of the HART Hub will be done in a phased approach and we are currently working through the details of the first phase of this project.*

## **Staff and Physician Satisfaction and Engagement Survey – Departmental Results**

*I'm happy to share that, after working through some technical issues with the provider of our latest hospital-wide Staff and Physician Satisfaction and Engagement Survey, we now have our department-specific results.*

*We will be bringing these results to our quality improvement teams and huddles for review and with the goal of discussing the next steps.*

*Results did vary quite a bit across the board so we will be working with individual teams in order to identify areas for improvement over the next year.*

## **Setting Our Sight On Future Improvements**

*As most of our current renovation projects are nearing completion, we are already making plans to improve other parts of our facility that are greatly in need of a refresh.*

*To this end, we are working with architects on a proposal to renovate the 2nd floor Medical unit in Tower A.*

*Should the Ministry of Health consider supporting this project, it would provide us with an opportunity to transform the space as we have done in other areas in order to improve the patient experience and service delivery.*

*While such a project would likely be a number of years out, it's important that we start the planning phase now.*

## **Enthusiasm Abounds At Project Horizon Meet And Greet**

*While I wasn't able to attend last Wednesday's event in the cafeteria, those who did have shared with me some of the photos, video and first-hand accounts of this fun gathering which brought together representatives of all of the Project Horizon working groups for a chance to introduce themselves and share an overview of the work that each will be doing in a lead up to Epic implementation.*

*Despite some of the bumps in the road to Epic that we have already experienced, the enthusiasm and excitement demonstrated in this event shows a lived example of our Value – Courage and for that I am so proud.*

*Not only were many of the participants courageous and innovative in the delivery of their introduction, but also to hear about the work that has been done, and the work that is to come truly demonstrates*



*how each of you is ready and willing to do what it takes to make this work.*

*Be sure to check out some of the pictures and video from this event on The Loop and in today's edition of The Pulse and congratulations to the Optime Working Group from the OR for winning the "Most Creative Intro" prize of a catered lunch.*

### **The Potential Impact of Tariffs on Our Purchase of Goods**

*As you know, there's been a lot of discussion in recent weeks about the threat of tariffs, both on Canadian goods going into the US and, in retaliation, on US goods coming into Canada.*

*While these tariffs which are set to amount to 25% of an item's cost have been put on a 30-day hold pending further talks and negotiations between Canada and the US, that hasn't stopped various industries including the healthcare sector from taking a good look at how those tariffs could impact pricing in the weeks and months ahead.*

*Our hospital, like most, are part of larger purchasing groups that rely on third party organizations to negotiate the purchase of the supplies that we need. Because of this, there are terms built into the contracts that protect end consumers like us from having to absorb additional costs like tariffs.*

*However, not everything we use is purchased in this manner so there is the potential to feel the effects of increased costs for things like food and other products for which we aren't protected.*

*A number of Canada's key healthcare supply chain organizations have been actively advocating for the exclusion of medical supplies, devices, and medications from any retaliatory Canadian tariffs in an effort to ensure hospitals, long-term care facilities, and other healthcare providers are not caught in the crossfire of trade disputes.*

*While the situation for now seems good, this is certainly something we, along with other hospitals, will be watching.*

### **Coldest Night of the Year**

*On February 22nd, supporters of The Grind Pembroke will be participating in The Coldest Night of the Year, a family-friendly fundraising walk, one of many, held across Canada in support of local charities. Those taking part can complete either a two or five-kilometre walk to symbolize the hardship faced by those living out in the cold at this time of year.*

*This year many of us are joining Dr. Declan Rowan and the Doc Walkers team to raise funds for The Grind and I would like to extend an invitation to those of you interested in joining the team or contributing financially to check out the Doc Walkers fundraising page: <https://secure.e2rm.com/registrator/Team-FundraisingPage.aspx?teamID=1024127>*

*The Grind is one of our dedicated community partners providing crucial support to the marginalized low-to-no-income members of the City of Pembroke and Upper Ottawa Valley so this is another great way to support our network of care.*

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## **Upcoming Recognition and Celebration Dates**

### February

Pink Shirt Day (Anti-bullying) - February 26

Ramadan - February 28 to March 30

### March

Pharmacy Appreciation Month

Francophonie Month

National Social Work Week - March 3 to 9

National Maintenance Worker Appreciation Day - March 4

International Women's Day - March 8

Patient Safety Awareness Week - March 9 to 15

Healthcare HR Week - March 10-14

Dietitian's Day - March 12

Holi - March 14

St. Patrick's Day - March 17



## Pink Shirt Day - Anti Bullying February 26th

Join us in our mission to create  
a more kind and inclusive  
environment by raising  
awareness for anti-bullying.



A decorative banner for the month of Rāmādān. The background is a light beige color with intricate golden Islamic geometric patterns. At the top, there are hanging lanterns, crescent moons, and stars. In the center, the text "Rāmādān Kāreem" is written in a large, stylized, golden Arabic calligraphic font. Below the text, the dates "February 28th - March 30th" are written in a smaller, golden font. At the bottom, there is a golden outline of a mosque with a central dome and minarets, set against a backdrop of clouds and a crescent moon. The corners of the banner are decorated with golden floral patterns.

# NOURISH TO FLOURISH

## NUTRITION MONTH 2025



### MARCH IS NUTRITION MONTH!

This year, we want you to think beyond the basics of physiological health and celebrate the integral role of nutrition in mental health, emotional resilience, and fostering social and cultural connections.

### WE WANT TO HEAR FROM YOU!

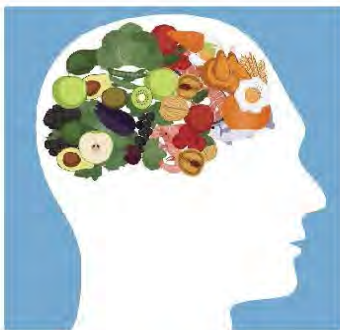
**Throughout the month of March, stop by the booth outside of the Lunch Box to share your thoughts and feedback!**

We will be updating a board weekly with thought provoking topics and questions. Markers and sticky notes will be available to post up so everyone can see the responses and learn a thing or two!

We will also have a variety of recipes available for you to take home and try – we encourage you to enjoy the meals you make with others, or share your favourites with those who you think may enjoy them too!

So stop by, grab a sticky note and share your thoughts. The board with all responses will be posted in The Loop Facebook page to share all of the responses!

NUTRITION MONTH 2025



Stay tuned for the March 20<sup>th</sup> edition of The Pulse to learn more!



## Recreation Therapy Month February 2025

Recreation Therapy professionals engage patients in programs to help meet their mental, emotional, spiritual, physical and social needs.



Bingo!



Better Together



## February is Recreation Therapy Month

A recreation therapist is a health care professional who works to improve their patient's mental, physical, behavioural, or occupational health through structured activities. They work in a variety of settings and work as part of a team that includes other health care professionals like physical therapists, occupational therapists, registered nurses, and psychologists. A recreation therapist plans, implements, and coordinates recreational activities to help people with disabilities, illnesses, injuries, or other conditions improve their functioning and work toward their clinical goals. They may help their patients manage stress, anxiety, and depressive symptoms, recover physical or cognitive abilities, develop confidence, and improve social skills.

Shannon Reckzin works as a Recreation Therapist as part of our Patient Care Team on Acute Mental Health. Shannon's role is vital in supporting the recovery journey of patients to achieve quality of life, and optimal health through meaningful experiences in leisure and recreation during their hospitalization and post discharge.

## Bereavement Recognition - Did You Know

If you have experienced a loss in your family, the hospital has a *Bereavement Recognition* policy and process in place that includes an option to have an In Memoriam notice posted.

For more details, view the policy on our Intranet or speak with your manager.





Everyone is welcome to join Colleen's family, friends and co-workers for this special tribute.

Anyone wishing to speak as part of the celebration is welcome to contact Garry Engler at 6264.

# Remembering

*Colleen Morris*

A time to celebrate and remember our Rehab and Geriatric Mental Health co-worker

MARCH 4, 2025 2:30-3:00 PM  
IN THE REHABILITATION  
DINING ROOM  
1ST FLOOR, TOWER B



**The PRH Staff Association Presents**

**The Treat of the Month**

**Tuesday, February 25th,**

**1:30-4:30pm.**

**1st Floor, Tower A Entrance**

**(adjacent to the PRH Foundation office)**

Staff Association members are invited to enjoy a Cinnamon Sugar or Killaloe Sunrise BeaverTail.

**Non-members and those wishing to purchase an additional Beavertail can do so directly from the vendor at a cost of \$7.85 (Incl. HST).**

**Please note that, given the format of this month's Treat Day, pre-orders will not be required.**

**Instead, staff will individually pick up their freshly cooked BeaverTail anytime during the three-hour distribution window.**

**Staff are also welcome to pick up for co-workers who are unable to get away from their workspace or those who may be working evening or night shifts and want theirs set aside.**

**To get your BeaverTail:**

1. Provide your name to the Staff Association member at the Tower A entrance.
2. If you are picking up for others, please ensure that you have their names too.
3. You will be given a ticket to redeem at the food truck for a BeaverTail.



# Save the Date - A Spiritual Care Education Session

Please note that a great virtual conference on Palliative Care will be presented in C142 on Friday, Feb 28. All staff are welcome to attend for as little or as much of the programming as they wish.



**Friday, February 28, 2025**

**8:30 a.m. – 3:30 p.m. EST**

**NOSM University and WebEx**

#### Conference Learning Objectives:

1. Effectively engage in difficult palliative conversations around discouragement and despair with patients and their families
2. Enhance collaborative patient care and support by fostering an environment of empathy amongst a diverse clinical care team
3. Discuss the larger role of community care in palliative care in rural Northern communities

Time	Agenda Item
8:00 – 8:30	Registration
8:30 – 8:45	Welcome and housekeeping notes
8:45 – 9:45	<p><b>Topic:</b> Self-Care and Resilience when Dealing with Death and Illness</p> <p>Keynote Speaker: Yvonne Heath</p> <p>Learning Objectives</p> <ol style="list-style-type: none"><li>1. Reflect on personal experiences and emotional responses to death and illness to identify individual self-care needs.</li><li>2. Begin discussions with patients and family members about preparing for grief earlier in the patient's disease trajectory.</li><li>3. Identify key individuals and resources within personal and professional networks to establish a robust support system.</li></ol>
9:45 – 10:30	<p><b>Topic:</b> Ontario Health Initiatives</p> <p>Speakers: Ontario Health Regional Implementation Team</p> <p>Learning Objectives</p> <ol style="list-style-type: none"><li>1. Gain insight into Ontario Health's latest policies, priorities and initiatives related to palliative care.</li><li>2. Examine the role of clinical coaches in advancing regional palliative care initiatives.</li><li>3. Develop strategies to enhance the integration of clinical coaches into existing palliative care system and frameworks, including their collaboration with Palliative Pain and Symptom Management Consultants (PPSMCs) and initiatives such as the CLRI/Bruyère Collaboration Project.</li></ol>



# Northeastern Ontario Palliative Care Conference



Continuing Education  
and Professional Development



NNPCN - PCIEF Palliative Care  
Interdisciplinary Education Funding

10:30 – 10:50	Break
10:50 – 12:50	<p><b>Panel Session</b></p> <p><b>Description:</b> This session invites experienced palliative care providers to share pearls of wisdom by providing insights on clinical applications of best practices/frameworks/guidelines; building capacity in providers through education and/or research and system level change in their local communities</p> <p>Speakers: Dr. Christine Pun, Norm Blanchard, + Others TBC</p> <p>Learning Objectives</p> <ol style="list-style-type: none"> <li>1. Evaluate how the insights shared by the panelists can inform future professional development and organizational change.</li> <li>2. Identify key insights and best practices shared by panelists to enhance professional knowledge and skills in providing quality palliative care in a variety of diverse settings.</li> <li>3. Apply key clinical strategies shared by experienced providers to deliver quality palliative care across diverse care settings.</li> <li>4. Summarize effective teaching methods and approaches to educate patients, families, and healthcare learners about palliative care principles.</li> <li>5. Analyze system-level challenges and solutions in providing equitable and accessible palliative care</li> </ol>
12:50 – 1:30	Lunch
1:30 – 2:30	<p><b>Topic: Complimentary care - Traditional and alternative medicine</b></p> <p>Speakers: NOSM Learners and Barb Ballantyne</p> <p>Learning Objectives</p> <ol style="list-style-type: none"> <li>1. Identify the potential benefits and challenges of integrating complementary therapies into the care of clients undergoing a palliative approach to care.</li> <li>2. Develop communication strategies to discuss complementary medicine options with patients and caregivers, addressing their values, preferences and concerns.</li> <li>3. Integrate the discussion and use of alternative and complementary medicine with in the care of your patients pursuing a palliative approach to care that aligns with their values, wishes and beliefs.</li> </ol>
2:30 – 2:45	Closing Remarks
2:45 – 3:30	Networking and Refreshments

## Please complete an evaluation

This activity meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Education and Professional Development Office at NOSM University for up to 4.75 Mainpro+® Certified Activity credits.



# Foundation News

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### Tressa Crevier, Emergency Department

"Thank you for going above and beyond to keep my loved one safe. You had already gone looking through the hospital for a wheel chair with a belt and when that didn't work, you kept looking for a solution even though you guys were running short handed."

### Lindsay Burbage, Obstetrics

"Thank you for the care you provided me and my family throughout the L&D process. Your presence and empathy made the stay so very welcoming."



### Erin Collins, Surgical Department

"Thank you for your tender care and professionalism while I was on the Surgical ward."

### ICU Team

"The entire ICU team were a godsend during our mother's time there in October. They showed true compassion to our mom and family, but also shared difficult information we needed to hear although we maybe didn't want to. The day we knew mom wasn't coming home was so very difficult compounded by the fact that we just lost our dad a year ago, but somehow the ICU team were there to support, give guidance, and show true kindness right until the end. For that we are forever grateful."



# CELEBRATIONS

To include a special message in this section, email [celebration&recognition@prh.ca](mailto:celebration&recognition@prh.ca).

• “As you know, the reno for the new water treatment has started in the PRH satellite dialysis unit. Our team was expressing the tremendous support and team efforts that have been going on. Kudos to **the project team** etc. on behalf of RVH! *Mary-Ellen Harris, VP Patient Care, Quality, & Clinical Services/CNE, Renfrew Victoria Hospital*

• I would like to thank **Rebecca Savoie and Erin Broome** for their support in helping Terra Bouliane as she is orienting in her new role. *Cheryl Summers*

• Thanks to the **ED physicians and staff** for their dedication to providing excellent care and compassion to our patients and families. Recently, a community member shared a story of their visit where they had a long wait to be seen. They expressed how each team member was professional and kind. They told me how busy the ED was with traumas and codes and were extremely grateful for the expertise we have here at the Pembroke hospital. Thank you, *Cheryl Summers*

• Thanks to **Bonnie (EVS)** for taking the time to do a deep clean on some equipment in the gym.

• Thank you **Stephanie Summersgill** for your amazing support with the care on the Rehab unit.

• Celebrating **Dr. Offiah** for her expertise and quick response to assess one of our patients on Rehab. Her kind approach to staff, patients and family does not go unnoticed. *Rehab Team*

• Thank you so much **Matt and Brittney (Rehab)** for all your help and support during a very busy morning. You are both appreciated!

• Celebrating **May Seto (AMH)** for being very helpful in explaining different things on the floor and how they work. May is a very informative teacher who is always willing to provide an explanation.

• It's always daunting starting a new rotation in clinical. **Colleen (AMH)** was so inviting to me, made me feel included. Her job is so interesting. She is the eyes and the ears of the unit.

• Thanks to **Tamara Rose (OR)** for being a phone call/text away for my first solo weekend of call and providing me help with how/where to set up and find the picture for the Zimmer set nail.

• Thanks to **Angela Zhu (Diabetes Education)** for helping in the DEC when we were double booked and short staffed. We really appreciated it and we know the patient got a lot out of the visit as well.

• Thanks to **Madison, Trina, Kailyn, Adrienne, Holly, Amber, Marc and Allyssa of 3rd Medical** who pulled together to support my patients and I when I assisted with codes during the shift.

• Awesome job **Deanne Carroll (Medical)** for providing palliative care to a patient and family.

• Celebrating **Alisha Miller (Medical)** for work with a complex patient to get him subsidized housing.

• Thank you so much **Roberta (EVS)** for cleaning the H1 stairway - much appreciated during these winter months. *Laurie T.*

• Thank you **Paula Adshade (Clinical Admin)** for stepping in to support the Epic Driver meeting. *Laurie T.*

• Thank you **Avery (ED)** for watching over our patients and ensuring orders were completed while we were stabilizing/intubating a patient. *Braeden and Devin*

• **Jayda from CT** took the time to go to a patient's room to speak with her daughter as the patient wasn't feeling well and couldn't understand what was being explained to her.

• Thanks to **Sara (RRT)** for accommodating a patient earlier than scheduled in order to avoid a longer delay in between DI and Pft appointments. *Katie*

• Celebrating **Jenny (RT)** for her support and team work January 29th during a resuscitation in OR1. It was a collaborative effort with the **RTs, Obstetrician, nursing, midwives and ward clerk** resulting in a positive outcome. *Rachel*



# CONSTRUCTION CORNER

## Tower A:

- Cancer Care Project: Three days of air balancing and testing are scheduled for February 24, 25 and 26. Preston Phipps was on site on February 12th to trouble shoot the steam heating valve issue.

- Surgical Day Care Project: A few more touch ups are needed to the patient washroom floors on the south wing. The countertop in the nursing station has cracked and needs to be replaced. Work started in the 1st floor old MDR Room A105 to relocate the water and medical vacuum lines before abatement can resume. The steam lines require a shutdown, which is being coordinated. Electrical shutdowns are also required in Medical Records and in the IT Phone rooms in order to transfer the power to the new electrical panels.

## Tower B:

- Work stated in the DI Registration area where the filing stack was removed in order to create two new offices.

## Tower C:

- Main Entrance Project: Due to an unforeseen water leak from a ceiling heating coil inside the Drug Mart space, some of the millwork was damaged, and will need to be replaced. The vinyl flooring was also affected and it was removed along with the remaining millwork. We are waiting on replacement material.

- The relocation of the SP+ Parking Office to C018 has been put on hold.

- The floor trenching in the back room of the Dialysis Unit was completed and we are waiting on the plumbing drain material to come in before beginning the installation.

## Tower D:

- Medical Day Care Project: Unfortunately, the workmanship of the vinyl flooring was not acceptable so the flooring material was removed, and new material reinstalled. The contractor is targeting to be complete and ready for inspection by Friday, February 21st.

## Miscellaneous:

- The EV charging station installation was awarded to an electrical contractor and the work has begun.



Congratulations to Kelly Samson from AMH who was Friday's winner of the Valentine's Day gift package and below are members of our Medical team who celebrated Valentine's Day in style thanks to Julie Bramburger who made the shirts!







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