

Pembroke Regional Hospital

MEMO

To: All Staff & Physicians
**From: Mireille Delorme, Director of Mental Health Services
Renfrew County (MHSRC)**
Date: June 11th, 2024
Subject: MHSRC – Welcome to Clinical Manager

I am delighted to announce that Jeremy Paplinski has been appointed as the new Clinical Manager for the Mental Health Services of Renfrew County program (MHSRC), effective July 15. Jeremy will eventually replace Rob Wynja who will be retired by the end of December 2024.

Jeremy brings notable experience and a strong educational background to this position, making him an excellent addition to our leadership team.

Jeremy earned a Master of Human Kinetics from The University of Ottawa in 2017 and supported research that focused on the utility of the mindfulness-acceptance-commitment (MAC) model on health, well-being, and physical performance measures.

Before joining MHSRC, he supported youth health promotion and wellness initiatives at both the Wabano Centre for Aboriginal Health and the Children's Hospital of Eastern Ontario (CHEO). He further honed his skills at The Phoenix Centre, where he contributed to youth health programs.

Since 2019, Jeremy has been an integral part of the MHSRC team, working as a Case Worker in various capacities, supporting client's mental and substance use health recovery. His leadership skills were evident as he co-led the Joint Health and Safety Committee, demonstrating his commitment to a safe and healthy work environment.

Jeremy's dedication and experience will undoubtedly help us continue to provide high-quality mental health services to our community.

Please join me in welcoming Jeremy to his new role and offering him your full support as he transitions into this leadership position.

Best regards,

Mireille Delorme
Mental Health Services Program (MHSRC)