

Today's Take-Aways

Regional Updates

- The Renfrew County and District Health Unit in partnership with the Renfrew County Virtual Triage and Assessment Centre have adopted new guidelines for self-monitoring for any asymptomatic household members of symptomatic individuals. These guidelines were outlined in a memo “COVID-19 Testing” that was sent out earlier today to staff and physicians.
- A new, comprehensive reference document regarding COVID-19 symptoms has been issued by Ontario Health this week that is currently being reviewed by Infection Prevention and Control. Watch for further information which should help provide clarity on symptom identification.
- The Renfrew County Virtual Triage and Assessment Centre is seeking support with their swabbing clinics. We will be reviewing staff availability to see if we have any resources that could be redeployed for this purpose.
- The Renfrew County and District Health Unit is preparing to launch a major flu shot campaign for the public and as part of this, has leased a large building in which to run flu shot clinics. Regionally we are working with public health, primary care and EMS to see how all of us can assist in providing flu shots to the community in a coordinated manner.

Human Resources

- In order to provide support to our Occupational Health and Safety team, a sub-committee of our Operations Committee has been formed to deal specifically with Occ. Health issues. Jennifer Kennedy will be the lead on this.

Supply Status

- While there continues to be some challenges in securing an adequate supply of gloves for the region, generally PPE supply is in good standing without any impending deficiencies. PRH is exploring a purchase partnership with other hospitals in the region to address the glove supply issues.

Clinical News

- We are in the process of creating two additional negative pressure rooms – one in the ICU and one in our Emergency Department.
- Operating Room – we are starting to see some cancellations of surgeries taking place related to failed COVID screening for patients as well as staff and physicians who are at home awaiting COVID swabbing results for themselves or their family members.
- Ambulatory Clinics – the Stress room is back in use and the department is working on clearing the backlog of approximately 100 patients who were awaiting Stress tests.
- After reviewing some of the lessons learned from the first months of the pandemic, some additional education will be scheduled regarding the early signs and symptoms of COVID-19. Watch for more details on this in the coming weeks.

Today's Take Aways...Continued From Front

- A number of organizations in Renfrew County, including Mental Health Services of Renfrew County, who partnered on an application for United Way funding to support virtual care are now benefitting from that allocation. The funding has been used to hire a Virtual Care Coordinator as well as provide virtual care resources for clients including phone cards, phone, data etc.

PPE

- Clinical staff can expect to receive some “refresher” education in the coming weeks on proper PPE selection as well as the donning and doffing processes.

CHANGE OF DATE FOR NEXT WEEK'S EDITION OF THE PULSE

Please note that, due to changes in scheduling for next week's Management and Operations meetings, the weekly edition of *The Pulse* will be published on Thursday, October 1st instead of Wednesday, September 30th.

How To Contact The PRH Commissionaire

Our Commissionaire who is on duty from 1630 to 0030 daily will now carry a hospital-provided cell phone and can be reached at (613) 639-3663.

The Commissionaire could not always be reached in certain areas while patrolling outside on the Hospital grounds.

They will also continue to carry the Spectra link phone, extension 6800, since cell phone coverage is poor in the Diagnostic Imaging area.



CONSTRUCTION CORNER

Rehab Roof/Deck Project:

The water was drained from the roof following a successful flood test with no water leaks. The roofer started installing the first layer of 10 cm of foam insulation and the grey border paving stones. The lightning arresting system (lightning rods and wiring for protection) was reinstated.

Tower A Roof Project:

The contractor started to build up the roof edges with lumber and installed guarding around the perimeter. The crane will be back on site tomorrow to lift more material and to remove a large communication dish from the penthouse roof.



Employee Discounts



Looking for staff discounts?

All staff discounts, employee offers, promotional codes and other PRH perks can now be found on the Staff Resources section of the PRH website:

<https://www.pemreghos.org/staffdiscounts>

What discounts are there?

PRH Staff Association / Insurance Providers
Local Health and Fitness Facilities / CAA
Scrubs / Access Perks / Perkopolis
Park 'n Fly and more...

COVID Alert

Download the app to protect yourself and your community.

The COVID Alert app lets you know if you may have been exposed to the virus. You can then get tested and keep you and your community safe. The app is voluntary: The more people who choose to use it, the more effective we will be at stopping the spread of COVID-19.



COVID Alert is:

- **Free.** Download it in Apple and Google app stores.
- **Easy to use.** Install it and stay safe on your daily journey.
- **Safe and private.** It never collects your health information, location, or identity.



PRH Staff Association Treat Day

Featuring Paradisio Bees Hand-Crafted Lip Balm

Thursday, October 8th,

11:30am-1pm and 3:30-4:30pm

(The Lunch Box, Tower A, 2nd Floor)

Deep Hydrating Lip Balm, 0.15 oz

Vitamin rich and 100% natural in origin this balm nourishes and leaves lips feeling soft and protected. Coconut oil, Shea Butter and Jojoba Seed Oil hydrate, deeply condition and pass on vitamins and antioxidants to your lips while smelling like creamy almond nougat. Unisex, long lasting, with a matte finish on lips. Non-toxic, free of parabens, phthalates, synthetic preservatives, synthetic dyes, sulfates and fillers.

Scent: Subtle Almond, fluffy nougat, hint of citrus / Color: Natural soft white beeswax

Texture: Rich for a long lasting matte finish

Foundation News

Pembroke Regional
Hospital Foundation



Fondation de l'Hôpital
Régional de Pembroke



The Auto Lotto Lottery begins Oct. 1st!

Purchase your ticket to WIN a

New Supra from Petawawa Toyota at

www.autolotto.ca

Our Latest Guardian Angels

Brenda Long (Sunshine Gift Shop)

Lisa D McKay (Emergency Department)

Dr. Chang, Melissa & Chantal (Orthopaedics Program)

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Medical 3B

Gratitude for Karen Thompson, housekeeper on Medical 3B who goes above and beyond every day to ensure the patients admitted to our dementia care area are treated with compassion and a smile. She has made a point to get to know every patient's name so that she can greet them in person and make them feel welcome.


Do You Have A COVID-19 Question?

Email: covid19questions@prh.email

Would you like to celebrate or express gratitude to a group or individual?


Email: celebration&recognition@prh.email

For other questions/concerns, contact Infection Prevention and Control (ext. 7106) or Occupational Health and Safety (ext. 7202).



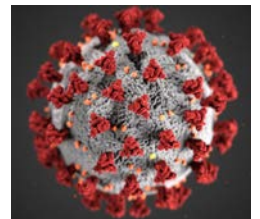
Electronic Staff Self-Screening Tool

- Before arriving at work, you must complete the online self-screening questionnaire (located on the Staff Resources section of the PRH website) or via the QR code below, or fill out a paper copy at the staff entrance.
- If you pass screening, you will be able to come in to work, if you fail screening, you will be asked to contact Occupational Health and Safety at ext. 8200
- Staff entering PRH via the staff entrance will be able to wear a cloth mask from home until they reach their workplace and can switch out for a procedure mask.
- Staff entering through any other entrance where active screening remains will be asked to show their electronic screening email or fill out a paper form so screening can be tracked.



Current Facts and Figures

- PRH: 0 COVID positive patients
- Renfrew County:
 - 11 active cases, 1 death
 - 27,340 tests completed
- Ottawa:
 - 545 active cases, 280 deaths
- Ontario:
 - 6,487 active cases, 2,835 deaths





Week #10 Winner

Congratulations
MARIAN BARK

Weekly Pot \$1,221

Winning ticket
#J-5376873
Card #12 - Ace of Hearts

Week 10 Draw is now LIVE!
Progressive Jackpot now **\$15,860** and climbing
PRHcatchtheace.ca