

### *Who Makes Referrals?*

Referrals are made in collaboration with your family physician.

### *What Area Do We Serve?*

We serve all eligible residents of Renfrew County. We also service the South Algonquin / Whitney area.

### *Who Are Our Service Providers?*

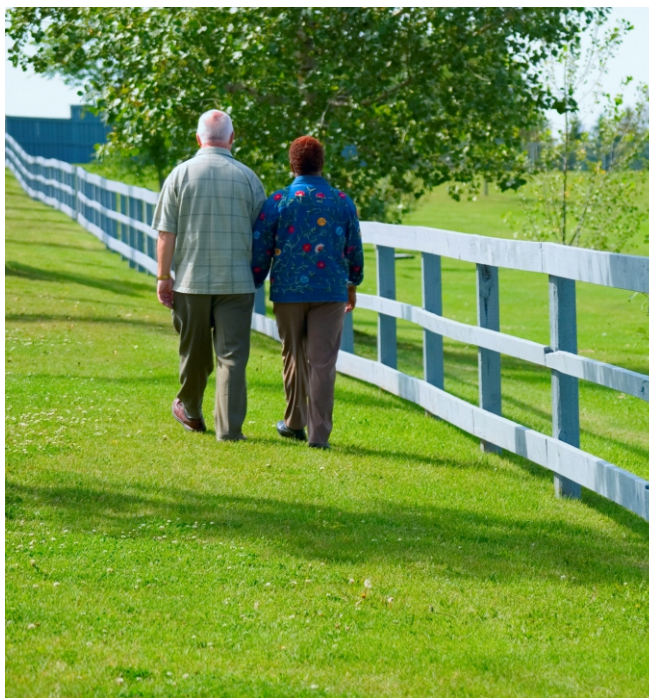
Psychiatrists and Geriatric Mental Health Registered Nurses.



### *How Can You Contact Us?*

**613-732-8770 or 1-800-991-7711  
ext. 6500**

**Fax: 613-735-4638**



*Wellness within Reach*

## **Renfrew County Geriatric Mental Health Outreach Program**



Learn More About How We Can Help  
**613-732-8770 or 1-800-991-7711**

**Mental Health Crisis Line - 24/7  
1-866-996-0991**

Mental Health Services of Renfrew County  
is a program administered by the  
Pembroke Regional Hospital

[www.pembrokeregionalhospital.ca](http://www.pembrokeregionalhospital.ca)



## *What is the Geriatric Mental Health Outreach Program?*

This program provides comprehensive assessments for people 65 years of age and older who are experiencing mental health issues.



## *What is the Purpose of the Geriatric Mental Health Outreach Program?*

- To provide a consultative service for assessment and treatment recommendations.
- To enhance the quality of life for seniors and their families.
- To maintain seniors within a safe and supportive environment for as long as possible.
- To reduce admissions to hospitals.

## *Who Do We Help?*

Seniors who are experiencing mental health issues such as:

### *Behaviour Problems / Personality Changes*

- aggression
- wandering
- disinhibition
- change in language abilities
- poor self care
- forgetfulness

### *Mood*

- depression
- mania

### *Psychosis*

- suspiciousness
- hallucinations

### *Anxiety*

- indecisiveness

### *Memory Loss*

- confusion



## *What are the functions of the Geriatric Mental Health Outreach Program?*

- Conduct bio-psychosocial assessments with emphasis on the mental state and cognitive function.
- Liaise with family physicians, professional caregivers, community agencies and families.
- Monitor effectiveness of treatment recommendations, including pharmaceutical, behavioural, and psychosocial interventions.
- Advocate on behalf of the senior and family.
- Participate in inter-agency and/or family conference.
- Assist in care plan development with other professional caregivers.
- Suggest referrals to the appropriate community support agencies.
- Provide education and training on geriatric mental health topics.